



Join in the fun – enjoy walks  
and discovery activities



19TH SEPT - 2ND NOV 08



**“a festival designed to help you get to know the forest better - enjoy”**

Tony Chadwick, Woodland Development officer

Hainault Forest is one of London's best kept secrets and only a 30 minute underground ride from the heart of the city. Hidden on the border of North East London. This ancient woodland was once part of the Great Forest of Essex and at one time covered most of what we now know as the county of Essex. Maps and historical records show how this great forest was reduced in size to make way for farming, transport, villages and parkland.

The crunch came in 1851 when an act of parliament allowed the destruction of what little remained of Hainault Forest. Fortunately there was a public outcry following the removal of 3000 acres (1215ha) of the forest. The Buxton brewing family lead the charge and with the support of local councils and London County Council, what we now know as Hainault Forest Country Park was saved. More than 55 years later, another act of parliament saved the forest forever, and it was officially opened and dedicated to the nation in 1906.



## Hainault Forest Festival Partners

Hainault Forest Festival is an introduction to, and celebration of, this amazing forest. A large number of people and organisations have made this event possible and special thanks go to Epping Forest Countrycare (Epping Forest District Council), Hainault Forest Country Park (London Borough of Redbridge), The Lambourne End Centre and the Woodland Trust. Grateful thanks also goes to our primary funders, Heritage Lottery Fund (HLF) and Biffaward without whom the Festival would not be possible.



## BOOKING

Where booking is essential please follow the booking instructions for each activity as different activities are planned by different partner organisations. Booking allows us to manage group sizes. Please leave your contact phone number and let us know if you can no longer join an activity so that we can offer your place to someone else. Arrive in good time for the start of the activity and make yourself known to the activity leader.

A leader will be on hand at the start of every activity. Most activities will take place whatever the weather, but if we need to cancel because of unforeseen circumstances we will try to contact you on the number you gave with your booking.

We prefer people to use our automated online booking system at [www.treeforall.org.uk/essex/hainault/](http://www.treeforall.org.uk/essex/hainault/), however we can take bookings by phone on **0800 026 9650**.

## EQUIPMENT AND CLOTHING

Please ensure you are properly equipped for all activities. Warm and waterproof clothing will be essential in most instances. We strongly recommend walking boots, Wellingtons or other sturdy footwear for all activities involving walking in and around the forest. There are no facilities for purchasing food and drink in the forest, so please bring a packed lunch and a refreshing drink if you need it.

## DOGS

Each activity will state if dogs are permitted. Please keep them on a lead at all times. Dogs may have to negotiate stiles, as not all routes through the forest have gates or dog access.

## CHILDREN

Children are welcome on most of the activities but those under 16 years of age must be accompanied by an adult. Some of the activities have been specifically designed for children and will be listed with the appropriate symbol.

## PARKING AND TRANSPORT

We have very limited parking within the forest and have therefore spread out the activities to avoid congestion. All Woodland Trust car parks (on Manor Road) are free to use but 'Pay & Display' car parking is in operation within the London Borough of Redbridge Country Park. Vehicles are parked at their owner's risk. Where possible we recommend and prefer the use of public transport.

## DISCLAIMER

Whilst we have made every effort to make the activities to be as safe and enjoyable as possible, any event attended is done so at your own risk. Due care has been exercised by all the partners involved in organising the Hainault Forest Festival, however the organisers, individuals and sponsors accept no liability for loss, accident or injury caused to any person undertaking any activity. You are advised to check your own personal accident cover before taking part.









You need to choose activities within your capabilities; the activity leaders are experienced, but they must take your word that you are sufficiently fit for the grade of activity you have chosen.

In the event of any unforeseen circumstances the organising partners of the Hainault Forest Festival reserve the right to change or cancel any activity without prior notice.



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## LEVELS

-  **EASY** suitable for most levels of fitness
-  **MODERATE** a moderate level of fitness is required
-  Ideal for families
-  Accessible for pushchair users
-  Accessible for wheelchair users
-  Dogs are welcome, please keep them on a lead at all times
-  Toilet facilities are available
-  Bring a packed lunch/snack

## EVENT LOCATIONS

- ① Angel car park
- ② Chigwell Row LNR
- ③ All Saints Church, Romford Road
- ④ Lambourne End Outdoor Centre
- ⑤ Hainault Forest Country Park Visitors Centre
- ⑥ Grange Hill Tube Station
- ⑦ Camelot car park
- ⑧ Theydon Bois (Woodland Trust)
- ⑨ London Borough (LB) of Redbridge car park 2